Instructions to applicants:

- 1. This certificate can only be signed by a Consultant or equivalent. For the purposes of this documentation, Consultant includes General Practitioners, Clinical Directors, Medical Superintendents, Academic Professors, and locum Consultants with a CCT/CESR and who are on the specialist register.
- 2. Consultants are only eligible to sign this certificate if they have worked with you for a minimum continuous period of three months whole-time equivalent wholly within the 3.5 years prior to the advertised post start date for which you are applying.
- 3. If your signatory is registered with any medical regulatory authority other than the GMC, then you should also make sure they submit **current** evidence of their registration with that authority. A certified translation should be included if this is not in English. Historic registration with the GMC will not be accepted. *Failure to provide this will result in you, the applicant, being rejected.*
- 4. You should not use a signatory with whom you have a close personal relationship.
- 5. You must be rated as demonstrated for <u>each and every professional capability</u> listed on this certificate. If you cannot demonstrate that you have achieved all your professional capabilities in one post, you may submit additional evidence to the signatory who, if they agree that it demonstrates capability may accept it in lieu of direct observation. If you cannot demonstrate each and every professional capability, you will not be eligible for Specialty Training at ST1 or CT1 level. Should your signatory select 'unable to confirm' for any of the competencies, you will not be eligible for Specialty Training.
- 6. If you have ever started but not satisfactorily completed a UKFPO-appointed 2-year Foundation programme or FY2 standalone post, then you should **not** use this form. Instead, you should approach the Foundation School Director where your previous training took place and either request to return to complete that training or provide such evidence as they request then ask the Dean of that area to complete and sign the proforma available on the resource bank.
- 7. The certificate MUST be complete in every detail, including details about the person completing it for you. Incomplete certificates may lead to your application being deemed ineligible for that recruitment round. It is strongly recommended that you check the form after your signatory has completed it using the attached checklist.
- 8. Please see Oriel resource bank for further information on completion of this form https://www.oriel.nhs.uk/Web/.
- 9. You must then scan, upload and attach it (as **one** single document) to your application form before submission. It is your sole responsibility to ensure that the CREST form is satisfactorily completed **in full** prior to submission.
- 10. Because of changes to the process, only the 2021 version of this form will be accepted.
- 11. The form will remain valid for future rounds of application provided that those conditions still apply to the new intended start date.

Please note that making a false declaration in this form will result in any offer of a training post being withdrawn and consideration being given to you being referred to the GMC

Applicant Name	To be completed by Applicant							
Applicant GMC No	To be completed by Applicant							
Posts: Please complete the tab	ole below to document the posts from which you have	ve used evidence to con	nplete this form.					
Role/Job Title	Employer Name	Post Start Date	Post End Date					
	Applicant to detail all							
	posts from which							
	evidence has been taken for this form							
Applicant declaration	I confirm that I have attained all of the profess and that I have worked for the consultant who minimum continuous period of three months was a half years prior to the advertised post start of	has completed this c whole time equivalent	ertificate for a within the three and					
Applicant declaration	I can confirm I follow the guidance in Good Medical Practice (or equivalent) relating to prescribing for self, friends or family							
Applicant declaration	I confirm that I am not related to, or in a relation	onship with the signat	ory of this form					
Applicant Signature	To be signed by applicant							

						each Do
Section 1: Professional behaviour and trust [*please note: if you are relying on evidence received rather than personally witnessing demonstration of these capabilities, please also complete the evidence section on page 10 detailing this evidence]						Unable to confirm
1.1 Professional behaviour	patier worke requir	nts, relatives/carers and colle ers; acts as a responsible em	dance (or equivalent) in all interactions with eagues; acts as a role model for other healthcare ployee; AND complies with local and national adatory training, engaging in appraisal and	Tick one box		
Attends on time for all duties, clinical commitments and teaching sessions; supervises, supports and organises others to ensure appropriate prioritisation, timely delivery of care and completion of work, including handover of care; AND delegates or seeks assistance when required to ensure that all tasks are completed					ofessio apabili	
Verifying consultant's signature confirming details above: Must be signed						
Applicants name: Must be completed Date of completion:					st be nplete	d

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	ı are rely olease al	ying on evidence received ra so complete the evidence so	ection	on page 10 detailing th	is evidence]	Personally witnessed	Evidence received*	Unable to confirm
1.3 Personal responsibility	accep	s personal responsibility for ots responsibility for any pe ng senior advice, apologisir	rsonal	errors and takes suita	ble action e.g:			
1.4 Patient centred care	auton patier refuse	ders the patient as a whole omy, individual healthcare hts and colleagues to devel e treatment and/or to declin	decision op ind e invo	ons, and right to privac ividual care plans; resp lvement in research pr	ey; works with pects patients' right to rojects		k one b	
1.5 Trust	discu:	with empathy, honesty and sses management options erns and expectations; enco	with pa ourage	atients; responds to pa es patients to make info	ntient's ideas, ormed decisions;	1	fessio pabilit	
	condi			· · · · · · · · · · · · · · · · · · ·				
1.6 Consent	Competently performs the core procedures, as mandated by the GMC (http://www.gmc-uk.org/education/postgraduate/F1 outcomes core skills.asp); obtains valid consent for those procedures by giving each patient the information they want and need in a way they can understand; demonstrates understanding of the principle of involving children in the decision-making process when they are able to understand and consider the options							
1.7 Ethical and legal requirements	Practi legisla risks o stand	ses in accordance with gui ation and national and local of legal and disciplinary act ards of practice and care; A eath certificates	dance guide ion if a	from the GMC or equi elines; demonstrates ur a doctor fails to achieve	nderstanding of the ethe necessary			
1.8 Confident- iality	Desci guida (or eq	ribes and applies the princip nce or equivalent and local uivalent) guidance on the u	inforn use of	nation governance star social media; AND des	ndards; follows GMC scribes when			
1.9 Mental capacity	confidential information may be shared with appropriate third parties e.g. police Performs mental state examination and assessment of cognition and capacity where appropriate; demonstrates understanding that there are situations when it is appropriate for others to make decisions on behalf of patients; AND demonstrates understanding that treatment may be provided against a patient's expressed wishes in certain defined circumstances							
1.10 Protection of vulnerable groups	Demonstrates understanding of the principles of safeguarding children and vulnerable adults; AND manages situations where safeguarding concerns may exist							
1.11 Self- directed learning	Acts to keep abreast of educational / training requirements; demonstrates change and improvement in practice as a result of reflection on personal experience and feedback; AND Identifies and addresses own learning needs							
Verifying cons	ultanť	s signature confirming	detai	Is above: Must be s	igned			
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	haviou are rely	Ir and trust ring on evidence received rather than personall so complete the evidence section on page 10 c		Personally witnessed	Evidence received*	Unable to confirm
1.12 Teaching and assessment	reflect	onstrates improvement in teaching skills as a liting on feedback from learners and superviso ack to other health professionals		Tic	k one	box
Section 2: Com	munio	cation, team-working and leadership		'''	per	
2.1 Communication with patients, relatives +	commensure the ne	uces themselves to patient/carer/relative state nunicates clearly, politely, considerately, with es sufficient time and appropriate environmer ecessary / desired information; AND commun	understanding and empathy; nt for communication; provides		ofessic apabili	
2.2 Communication with patients	inform	xs patients' understanding of options and sup nation and evidence relevant to their condition as or concerns				
2.3 Communication in challenging circumstances	Uses appropriate styles of communication; breaks bad news compassionately and supportively; AND manages three-way consultations e.g. with an interpreter, using sign language, or with a child patient and their family/carers					
2.4 Complaints	comp	o prevent/mitigate and minimise distress in si laint or dissatisfaction; AND deals appropriate distressed/dissatisfied patients/carers and se	ely with			
2.5 Patient Records	Mainta	ains accurate, legible and contemporaneous ntries are signed and dated				
2.6 Working with other healthcare professionals	Works makes profes letters	s effectively within the wider healthcare team s clear, concise and timely written and oral re ssionals; AND produces timely, legible discha that identify principle diagnoses, key treatment tollow-up arrangements	ferrals to other healthcare arge summaries or outpatient			
2.7 Continuity of care	Allocates and prioritiese tasks during handover; anticipates and identifies					
2.8 Interaction with colleagues	Demonstrates initiative e.g. by recognising work pressures on others, providing					
2.9 Leadership 2.9 Leadership And principles of line management in medical and non-medical staff; demonstrates extended leadership role within the team by making decisions and taking responsibility for managing complex situations across a range of clinical and non-clinical situations; AND supervises and supports team members, delegating tasks appropriately, directing patient review, organising handover						
Verifying const		s signature confirming details above: I	Must be signed			
Applicants name: Must be completed Date of completion:					t be pleted	<u> </u>

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		ring on evidence receive so complete the evidence					Personally witnessed	Evidence received*	Unable to confirm
3.1 Recognition of acute illness	condi	onds promptly to notific tion; prioritises tasks ac its in a timely manner					Tic	k one l	nox
3.2 Assessment of the acutely unwell patient	monit focus	rms rapid, focused assoring and considering red assessment of the part in the context of ment	nental hea atient who	alth aspects; AND presents an acut	performs pro e risk to them	mpt, rapid,	pro	per fessio pabilit	nal
3.3 Immediate management of the acutely unwell patient	Initiates prompt appropriate management to stabilise/prevent further deterioration in patients with common acute presentations (including mental health) and seeks timely senior help with the further management; identifies electrolyte imbalance and, with senior advice, delivers a safe and effective method of correction; AND recognises when a patient should be moved to a higher level of care and seeks appropriate assistance with review and management								
3.4 Managing of long-term conditions in the acutely unwell patient	11 1								
3.5 The frail patient	Formulas we increated pharmulas considerated increated and increased and	ulates individual patient Il as clinical need; pres ising age, weight loss a nacodynamics; perform deration of dementia or on long-term conditions atients and carers	manager cribes with and frailty s a compr delirium;	nent plans based on the second of the second	g of the impackinetics and assessment in act of activities	ct of including es of daily			
3.6 Supports patients with long term conditions	Encourages and assists patients to make realistic decisions about their care and helps them to construct and review advance/long-term care plans; AND arranges appropriate assessment for specialist rehabilitation, care home placement and respite care								
3.7 Nutrition	Works with other healthcare professionals to address nutritional needs and communicate these during care planning; recognises eating disorders, seeks senior input and refers to local specialist service; AND formulates a plan for investigation and management of weight loss or weight gain								
3.8 History	Obtai limited	ns relevant history, incl d and sometimes diffict s signature confirm	uding mer Ilt circums	ntal health and coll tances	ateral history	, in time			
Applicants nan		Must be completed		Date of comp		Must be o	omple	eted	

Clinical Care [*please note: if you	Section 3 continued: Clinical Care [*please note: if you are relying on evidence received rather than personally witnessing demonstration of these capabilities, please also complete the evidence section on page 10 detailing this evidence]				Evidence received*	Unable to confirm
3.9 Physical and mental state examination	uses a	a chaperone, where appropriate;	atal state examination in a timely manner; AND performs focused physical/mental conments e.g. outpatients, general practice	or		
3.10 Diagnosis	histor proba	y, examination and immediate in bilities in ranking differential diag		Т	ick one k	хос
3.11 Clinical management		es problem lists and managemen gies for further investigation and	nt plans; AND develops appropriate management	р	rofessio	nal
3.12 Clinical review	invest therap	igation and management in light	differential diagnosis and expedites patier of developing symptoms and in response tises problems and refines strategies for		capabilit	ty
3.13 Discharge planning	Anticipates clinical evolution and starts planning discharge and ongoing care from the time of admission; liaises and communicates with the patient, family and carers and supporting teams to arrange appropriate follow up; recognises and records when patients are medically, including mentally, fit for discharge; AND prescribes discharge or outpatient medication in a timely fashion					
3.14 Investigations	review risks,	ing results and planning conseq	ts when collecting and labelling samples, uent management; explains to patients the ons of investigation results; AND obtains	ne		
3.15 Interpreting investigations	e.g. E explai	CG, laboratory tests, basic radio ns these effectively to patients	acts on results of complex investigations, graphs and other investigations; AND			
3.16 Correct prescription	Prescribes medicines correctly, accurately and unambiguously in accordance with GMC or other guidance using correct documentation to ensure patients receive the correct drug via the correct route at the correct frequency at the correct time; demonstrates understanding of responsibilities and restrictions with regard to prescribing high risk medicines including anticoagulation, insulin, chemotherapy and immunotherapy; performs dosage calculations accurately and verifies that the dose calculated is of the right order; prescribes controlled drugs using appropriate legal framework or describes the management and prescribing of controlled drugs in the community; AND describes the importance of security issues in respect of prescriptions					
Prescribes and administers for common important indications including medicines required urgently in the management of medical emergencies; can assess the need for fluid replacement therapy and choose and prescribe appropriate intravenous fluids and calculate the correct volume and flow rates or can describe how to do so; AND can prescribe and administer blood products safely in accordance with guidelines/protocols on safe cross matching and the use of blood and blood products or can describe how to do so						
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	are rely	ying on evidence received rather t	than personally witnessing demonstration of non page 10 detailing this evidence]	Personally witnessed	Evidence received*	Unable to confirm
3.18 Discussion of medication with patients	durati drug l	on of treatment, unwanted effect	stration with patients/carers, including ts and interactions; AND obtains an accurate edication, use of complementary healthcare and other adverse reactions			
3.19 Guidance on prescription	and m free p presc	nore experienced prescribers to e rescribing, whilst recognising the riber	cal and national formularies, pharmacists ensure accurate, safe and effective errorat legal responsibility remains with the		ck one per	
3.20 Prescribing antimicrobials	therap		onal and local guidance on antimicrobial antimicrobial prescribing and the ce		ofessio apabili	
3.21 Review of prescriptions	patier initiate	nt response, adverse reactions a	ectiveness and safety taking account of nd drug level monitoring; recognises and ffects of drugs; AND communicates these to work and driving			
3.22 Performs procedures safely	(<u>http:/</u> know	//www.gmc-uk.org/education/pos s the indications and contraindica	dures, as mandated by the GMC stgraduate/F1 outcomes core skills.asp); ations of each procedure; AND performs nore challenging circumstances			
3.23 Cardiac and respiratory arrest	some more complex procedures / in more challenging circumstances Trained to perform immediate adult life support comprising cardiopulmonary resuscitation, simple airway management and safe defibrillation or basic paediatric life support and to adapt resuscitation when appropriate; demonstrates the performance of advanced life support including cardiopulmonary resuscitation, manual defibrillation and management of life-threatening arrhythmias; AND is able to lead the resuscitation team where necessary Please note: An ALS course alone is insufficient evidence to demonstrate this capability.					
3.24 "Do not resuscitate" orders	Able to discuss decisions not to resuscitate with the multidisciplinary team, the patient, long term carers (both medical and non-medical) and relatives and then records the outcome of that discussion					
3.25 Understands the principles of health promotion Explains to patients the possible effects of lifestyle, including the effects of diet, nutrition, inactivity, smoking, alcohol and substance abuse; AND advises on preventative measures with reference to local and national guidelines						
		s signature confirming deta	<u> </u>	Mu	st he	
Applicalitation	Applicants name: Must be completed Date of completion: Must be completed					d

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Clinical Care [*please note: if you	Section 3 continued: Clinical Care [*please note: if you are relying on evidence received rather than personally witnessing demonstration of these capabilities, please also complete the evidence section on page 10 detailing this evidence]				Evidence received*	Unable to confirm
3.26 End of Life Care	emoti to the regard advar needs place	onal, social and spiritual aspects m; helps patient to access this if ding personalised care planning nace care plans with patients, family and preferences regarding care of care and death, treatment escondary.		Tio	ck one	box
3.27 Care after death	cardiopulmonary resuscitation (DNACPR) decisions Confirms death by conducting appropriate physical examination, documenting findings in the patient record; follows the law and statutory codes of practice governing completion of Medical Certificate of Cause of Death; demonstrates understanding of circumstances requiring reporting death to coroner/procurator fiscal or equivalent; discusses the benefits of post mortem examination AND explains the process to relatives/carers					onal
3.28 Infection control	Demonstrates consistently high standard of practice in infection control techniques in patient contact and treatment including hand hygiene and use of personal protective equipment (PPE); demonstrates safe aseptic technique and correctly disposes of sharps and clinical waste; requests screening for any disorder which could put other patients or staff at risk by cross contamination, e.g. Clostridium.Difficile; informs the competent authority of notifiable diseases; challenges and corrects poor practice in others who are not observing best practice in infection control; recognises the need for immunisations and ensures own are up to date in accordance with local/national policy; AND recognises the					
Section 4: Safet		o patients from transmission of b	blood-borne injection			
4.1 Personal competence	Recogadvic clearly takes oppodemo	gnises and works within limits of e in a timely manner and commu y; uses clinical guidelines and pr part in activities to maintain and tunities to do structured learning nstrates evidence of reflection or	competency; calls for senior help and inicates concerns/expected response otocols, care pathways and bundles; AND develop competence e.g. seeking and attending simulation training; in practice and how this has led to personal	Tid	ck one	box
4.2 Patient safety	development Delivers healthcare within clinical governance frameworks under senior/consultant direction; discusses the limitations of clinical pathways and seeks advice regarding deviating from these in certain individual patient circumstances; AND undertakes appropriate pre-theatre/procedure checks including World Health Organisations (WHO) safe surgery checklist; describes the mechanisms to report critical incidents/near misses, device related adverse events and adverse drug reactions				ofession	
4.3 Causes of impaired performance, error or suboptimal patient care	Can describe the risks to patients if personal performance is compromised, why health problems of the practitioner must not compromise patient care or expose colleagues or patients to harm, the need to report personal health problems in a timely manner and an awareness of the support services available; seeks support appropriately (e.g. GP, occupational health, support services) regarding health or emotional concerns that might impact personal performance; describes the role of human factors in medical errors and takes steps to minimise these; AND describes ways of identifying poor performance in colleagues and how to support them					
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Safety and Qual [*please note: if you	Section 4 continued: Safety and Quality [*please note: if you are relying on evidence received rather than personally witnessing demonstration of these capabilities, please also complete the evidence section on page 10 detailing this evidence]					
4.4 Patient identification	Ensures patient safety by positive identification of the patient at each encounter, in case notes, when prescribing/administering drugs and before consent for surgery/procedures; uses appropriate 2 or 3 point checks (e.g. name, date of birth, hospital number, address) in accordance with local protocols and national guidance; AND crosschecks identification immediately before procedures/administration of blood products/IV drugs				ck one per ofessio	
4.5 Usage of technology	Demo invasi uses	nstrates ability to operate comm ve monitoring correctly and safel T systems including local compu	on medical devices and interpret non- ly after appropriate training; accesses and uting systems appropriately; AND nance in use of electronic records	•	apabili	
4.6 Quality Improvement	Contr includ imple	butes significantly to at least one ing data collection, analysis and	e patient safety quality improvement project,			
4.7 Healthcare resource management Demonstrates understanding of the organisational structure of the healthcare and their role in the wider health and social care landscape; recognises the resource implications of personal actions; AND minimises unnecessary or wasteful use of resources e.g. repeat investigations, delayed discharge						
Verifying cons	Verifying consultant's signature confirming details above: Must be signed					
Applicants name: Must be completed Date of completion:				_	st be nplete	d

^{****}Please make sure that you now sign the declaration on the next page****

Declaration by person signing this certificate: REMINDER: We would wish to remind signatories of their professional responsibilities under the General Medical Council's guidance "Good Medical Practice" (paragraph 71) which states that "you must do your best to make sure that any documents you write or you sign are not false or misleading. This means that you must take reasonable steps to verify the information in the documents". Failure to do so renders you, the signatory, at risk of being referred to your regulatory authority (the GMC or equivalent). Patient Safety must remain your primary concern.								
Your name:	Must be completed							
Professional status :	Must be completed							
Current post:	Must be completed							
Dates you supervised the applicant:	From: Must be comp	pleted To: Must be comp	eted					
Address for correspondence	e: Must be completed							
Email address:	Must be completed							
Your UK GMC Number:	Must be completed							
If you are not registered with t Your Registration Number: Please provide the applican certificate. A certified translat will not be accepted. Failure to	Mustbe completed t with photocopy evide ion should be included if	ence of your current regist this is not in English. Histor	ration with that body to this registration with the GMC					
For all signatories (please c			be completed					
A) I confirm that I have (http://www.foundationprograr standards expected of UK Foundation	nme.nhs.uk/pages/home undation Programme yea	e/training-and-assessment) ar 2 doctors.						
B) I confirm that the do continuously for a minimum of start date		rorked for me prior to their a e equivalent within the 3½ y						
C) L I can confirm that I had OR where I have not personal from a colleague (if the colleague) listed those providing evided	ly observed them, I have gue is a trainee, they mu	received alternative evider	nce that I know to be reliable					
D) I confirm that I am n	ot related to, or in a relat	ionship with the applicant						
NB: This form is invalid unless	boxes A, BC and D abo	ove are checked.						
Verifying consultant's sign	ature confirming detail	Is above: Mustbe signed						
Applicants name: Mu	ust be completed	Date of completion:	Must be completed					
HOSPITAL STAMP If not available, please attached a signed compliment slip and give hospital name and website address	ust be stamped							

List of people whose evidence I have used in signing this certificate: Where I have not personally observed them, I have received alternative evidence that I know to be reliable from a colleague, as detailed below (if the colleague is a trainee, they must be working satisfactorily at ST5 or above). Please ensure that you enter the section/s of the certificate where each individual has observed outcomes *Please* note that, as part of the verification process, the recruiting process may contact these people to verify and confirm that they have provided you with such evidence:

*Please note: this section is onl	-			lumn 'evidence received' has beer	used for a capability.
Section or capabilities competence	witne	ssed: Must be	comple	eted in full, where evidence from	n others is used to demonstrate
Their name:					
Professional status :					
Work Address:					
Email address:					
Dates they supervised the applicant		From:	To:		
Section or capabilities	witne	ssed:			
Their name:					
Professional status :					
Work Address:					
Email address:					
Dates they supervised the applicant		From:	To:		
Section or capabilities	witne	ssed:			
Their name:					
Professional status :					
Work Address:					
Email address:					
Dates they supervised the applicant		From:	To:		
Verifying consultant's	signat	ure confirmi	ng the	above:	Must be signed
Applicants name:	Must	be completed		Date of completion:	Must be completed